



# Hunterdon Land Trust

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PROTECTING THE PLACES YOU LOVE

111 Mine Street • Flemington, New Jersey 08822  
Phone: (908) 237-4582 • Fax: (908) 237-2225

## FOR IMMEDIATE RELEASE

Contact: Dave Harding  
(908) 237-4582  
[Dave@hunterdonlandtrust.org](mailto:Dave@hunterdonlandtrust.org)

## Hunterdon Land Trust Farmers' Market Nature Day Is Aug. 13

Celebrate "Nature Day" at the Hunterdon Land Trust Farmers' Market on Sunday, Aug. 13 at the Dvoor Farm, 111 Mine St. in Raritan Township.

Nature Day begins with an early bird walk led by Juanita Hummel at 8:30 a.m. (a half hour before the market opens). The walk will last about an hour, and will explore resident breeders on the property. Red-tailed hawks, yellow-bellied sapsuckers are among the species of birds spotted on the farm.

Hummel will stop at several observation sites and discuss which species of birds are using the habitats and why the preservation of specific habitats is important for birds and other wildlife. This is also a great time of year to check out other charismatic winged creatures like butterflies and odonates, such as dragonflies.

Hummel is an avid birder and nature lover. She currently serves on the board of the Washington Crossing Audubon Society, and also volunteers with the NJ Audubon Society, the Wildlife Conservation Corps and other conservation organizations. Retired from pharmaceutical research, she has happily left the lab behind to spend more time outdoors exploring the diverse and fascinating natural landscapes of the world.



The Master Gardeners will also visit the market and share some very handy composting tips.

A yoga session will be held in the wagon house at 8 a.m. with instructor Lauren Theis. Participants should bring a yoga mat.

And, as part of HLT's efforts to steward the Dvoor Farm property, Action Together Hunterdon County volunteers will participate in an invasive species cleanup with Land Steward Stefani Spence during market hours.

Want to lend a hand? Join us at the Dvoor Farm House at 9 a.m. Registration isn't required, but if you have any questions or would like to let us know you're coming, please contact Stefani at 908-237-4582. Dress appropriately for the weather, and bring bottled water. Please bring loppers, bow saws, or handheld power saws if you have them.

No registration is required for the bird walk, yoga or the stewardship project.

The Farmers' Market, open from 9 a.m. to 1 p.m., features more than 20 local farmers and vendors offering organic produce, grass-fed beef, pork, chicken, yak, honey, artisan breads, freshly ground spices and loose teas, fresh-cut flowers, cheese, milk, eggs, locally roasted coffee, native plants and more. Visitors can enjoy a flatbread pizza made with ingredients provided by local farmers while listening to live music.

Farmers' Market sponsors are Basil Bandwagon Natural Market, Matt's Red Rooster Grill, ShopRite of Hunterdon County and Peragrin LLC.

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