



# Hunterdon Land Trust

Protecting the places you love

111 Mine Street • Flemington, New Jersey 08822  
Phone: (908) 237-4582 • Fax: (908) 237-2225

## FOR IMMEDIATE RELEASE

Contact: Alison Levine  
(908) 237-4582  
alison@hunterdonlandtrust.org

### **HUNTERDON LAND TRUST FARMERS' MARKET HOLDS HARVEST FESTIVAL SUNDAY SEPTEMBER 30**

Flemington, NJ — Come to the Hunterdon Land Trust Farmers' Market at the Historic Dvoor Farm on Sunday to celebrate the bounty of the autumn harvest. In addition to the regularly scheduled market that features healthy and delicious local produce, meats, cheeses, wine and bread, there will be special harvest themed workshops and guests.

If you are keen on live, probiotic foods and love the taste of a tangy 'soured' kraut, relish or slaw, you won't want to miss Elyssa Serrilli's (of Tended Living Cultures) demonstration. Elyssa will teach you all about cultivating beneficial bacteria. Maybe you are wondering how to save seeds from your favorite plants over the winter. Different types of seeds require different treatments to get them to grow (Hammers? Drills? Boiling water??). Dr. Randi Eckel of Toadshade will lead a discussion of how to properly collect, store and treat seeds for maximum germination.

Also on hand to show you how to make the most of the autumn harvest will be Sharon Vericelli of To Nourish and dieticians from the Hunterdon Healthcare Center. You'll learn how to have the healthiest harvest ever. For more information see [www.hunterdonlandtrust.org](http://www.hunterdonlandtrust.org).

The Hunterdon Land Trust Farmers' Market at the Historic Dvoor Farm (111 Mine Street, Flemington) is open every Sunday from 9 am to 1 pm through November 18. The land trust welcomes volunteers or farmers' interested in participating in the market. Get to know your local farmers and fellow locavores while setting up the market on Sunday mornings, directing traffic, sitting at the land trust tent to assist visitors, or breaking down the market in the afternoon. To get involved contact Catherine Suttle, the Market Manager, at (908) 237-4582 or at [Catherine@hunterdonlandtrust.org](mailto:Catherine@hunterdonlandtrust.org).